

# रा.पो.सं. मासिक सूचना-पत्र NIN Monthly Newsletter

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## 71<sup>st</sup> Republic Day Celebrations (26<sup>th</sup> Jan.)

- ◆ Dr. R Hemalatha, Director unfurled the National Flag and addressed the staff and briefed about NIN's recent research contributions to policy and the importance of rigour in NIN's scientific endeavours. She also felicitated the staff who completed 25 years of service in the Institute and those who have retired and completed 75 years of life.
- ◆ The Director also gave away certificates to those who have been awarded PhDs in the last six months.



ICMR-NIN hosted and organized a Training of Trainers under National Programme for Prevention and Control of Fluorosis in collaboration with Society for Fluoride Research and Directorate General of Health Services, Min. of Health, GoI, New Delhi from 29<sup>th</sup> - 31<sup>st</sup> Jan.

The Annual Training Course of PG Certificate Course in Nutrition (57<sup>th</sup> Batch) was commenced on 6<sup>th</sup> Jan. This year a total of 33 participants from diverse fields including Medicine, Dental Surgery, Naturopathy, AYUSH, Food Science & Nutrition, Biochemistry etc. were inducted. Director Dr. R. Hemalatha has addressed the participants on the first day of the course.





**NIN's Gallery at ICMR Pavilion at The Pride of India Expo in 107<sup>th</sup> Indian Science Congress, Bengaluru from 3-7 Jan.**

- **Mr. R Naveen Kumar**, TO-C and **Dr. Jagdish Buwade**, TA represented NIN in ICMR Team in the expo. The Indian Science Congress was inaugurated by Sri Narendra Modi, Hon'ble Prime Minister of India in the presence of Dr. Harsh Vardhan, Hon'ble Minister of Science and Technology, Health & Family Welfare and Shri. B. S. Yediyurappa, Hon'ble Chief Minister of Karnataka.



- **Dr. Sylvia F Rao**, Scientist D, delivered a lecture & **Dr. Jagdish Buwade**, participated in the Integrated Communication Outreach programme on "BETI BACHAO - BETI PADHAO" organised by the Regional Outreach Bureau, Ministry of Information & Broadcasting, Govt of India and Society for Rural Development in Hyderabad on the occasion of National Girl Child Day at Government School, Musheerabad, Hyderabad (25<sup>th</sup> Jan.).



**Meetings on Campus**



1<sup>st</sup> meeting of FSSAI – Network for Scientific Co-operation for Food Safety and Applied Nutrition (NetSCoFAN) group on Nutrition and Claims on 20th Jan 2020. ICMR-NIN is the lead organization of this group. Scientists from partner agencies - BARC, BITS Pilani, CIFT, NBR participated.

Dr R Hemalatha, ICMR- NIN, Director welcomed the gathering and gave future directions. Dr. A. Laxmaiah, Scientist G & Head, Public Health Division was the coordinator of the group

Workshop-cum-Training on Impact of Measles Rubella (MR) Vaccination Campaign on Population Immunity in India (IMRVI study) – Telangana & Andhra Pradesh Study (21 to 25 Jan).

The IMRVI study in Telangana and AP was launched by Dr R Hemalatha, Director, ICMR-NIN. Dr Alvira Z Hasan, India Research Program Coordinator, Johns Hopkins Bloomberg School of Public Health, Baltimore, USA and Dr. Christine Prosperi, Research Associate, Johns Hopkins Bloomberg School of Public Health, USA and Dr. Santosh Kumar, Scientist from @ICMR-NIE participated in the launch programme. Dr JJ Babu Geddam, Scientist F is leading this study in both the states which will be carried out by ICMR-NIN and MRHRU, Chandragiri.





Dr. R. Hemalatha, Director ICMR-NIN addressed and interacted with dietitians from across South India as the Guest of Honour on Dietetics Day for 'Recognising Nutritionists & Dietetians (RND) Award Presentation Ceremony' organised by Diaita & Hi9 Television in Hyderabad on 10<sup>th</sup> Jan. Dr. TAMILISAI Soundararajan, Hon'ble Governor, Telangana was the Chief Guest and felicitated Dr. Hemalatha, Director.

## SPECIAL EVENT

Commemorating the birth anniversary of the “*wizard of wonder drugs*”... Dr Yellapragada Subbarow's statue on campus was garlanded by Dr. R. Hemalatha, Director, NIN and floral tributes were offered. The genius of this pioneering Indian biochemist who discovered the function of ATP and a broad spectrum of antibiotics was recollected (13 Jan.).



## CONGRATULATIONS

- ICMR Pavilion received the '**Most Informative Stall Award**' at the 107th Indian Science Congress in Bengaluru. Team ICMR received the award from Shri M Venkaiah Naidu, Hon'ble Vice-President of India (7<sup>th</sup> Jan.).
- Dr. A. Laxmaiah**, Scientist G & Head, Division of Public Health has been selected as a **Honorary Senior Research Fellow** in the Faculty of Medicine at the Royal Imperial College, London, UK. in recognition of his contributions to the field of nutrition and health.



- Dr. Vijayalakshmi Venkatesan**, Scientist G & Head, Cell & Molecular Biology has been elected as a **Fellow of the Telangana Academy of Sciences (FTAS)** for the year 2019 by Telangana academy of Sciences, Hyderabad & **Member of the Scientific Advisory Committee (SAC)** of Academy for Science, Technology and Communication (ASTC).





- **Dr. M. Maheshwar**, Scientist E & Head, Extension & Training Division awarded as **International Innovative Researcher in Nutrition Communication & Mass Media** from Research Under Literal Access (RULA) in association with World Research Council (WRC) and United Medical Council (UMC) at Tiruchirapalli. He has been selected for his research paper titled "Teenagers' Understanding and influence of media content on their diet and health related behaviour" (26<sup>th</sup> Jan.).



- **D. G. M. SubbaRao** has elected as an **Expert Member** in the Scientific Panel on **Labelling, Claims/Advertisements** by **Food Safety and Standards Authority of India (FSSAI)** for a 3 year term starting 2020.

- **Dr. Sanjay Basak** has been inducted as a **MEMBER** of **The National Academy of Sciences, India in 2020**. His abstract "Deficiencies of n-3 fatty acids affect metabolic phenotypes and epigenetic profiles of the developing fetus" (Biological Sciences) was selected for Oral Presentation during the 89th Annual Session of The National Academy of Sciences, India at NAARM, Hyderabad.

## LIVE PHONE-IN PROGRAMMES ON DOORDARSHAN

As part of the ongoing NIN-Doordarshan collaborative series, live interactive phone-in programmes were telecasted on DD Yadagiri.



Dr. Y. Venkataramana, Scientist G spoke and answered viewers' queries on Nutrition, Physical Activity and Health.



Dr. S. Vasanthi, Scientist F spoke and answered viewers' queries on Aflatoxin contamination in foods and measures to choose safe foods.

## SPECIAL GUEST LECTURE

Prof. Gary L. Dunbar, Field Neurosciences Institute Laboratory for Restorative Neurology and Department of Psychology and Dr. Panchanan Maiti, Scientist, Faculty of Neuroscience, Field Neurosciences Institute Laboratory for Restorative Neurology, Central Michigan University delivered talks on 'Experimental Strategies for Treating Huntington's Disease' and 'Curcumin and berberine for the treatment of glioblastoma' respectively (30<sup>th</sup> Jan.).





## PARTICIPATION OF SCIENTISTS OF ICMR-NIN AT WORKSHOPS/ CONFERENCES/ MEETINGS

### Dr. G. M. SubbaRao

- Chaired a panel discussion on "Influencing the Enabling Environment for Nutrition Sensitive Agriculture (NSA): Adding value to government initiatives" in Consultative Workshop on "Learning needs assessment for nutrition sensitive agriculture in India: Integrating nutrition objectives into agricultural extension programmes and policies" jointly organized by FAO-India, Global Forum for Rural Services and Centre for Research on Innovation and Science Policy (CRISP) at Hyderabad (3<sup>rd</sup> Jan.).
- Invited as a member of the Jury for Recognising Nutritionists and Dietitians (RND) Awards given away by Saadhana Foundation and IDA Telangana Chapter, Hyderabad. Received felicitation from Dr. TAMILISAI Soundararajan, Hon'ble Governor of Telangana (10<sup>th</sup> Jan.).
- Attended the Second Meeting of the "Task Force on Balanced and Healthy Diets" organized by Directorate General of Health Services, MoHFW at Nirman Bhawan, New Delhi (28<sup>th</sup> Jan.).
- As a guest spook in the Seminar on "Women and Nutrition" organized by Dept. of Business Management, MVSR Engineering College, Hyderabad (31<sup>st</sup> Jan.).



### Dr. Sanjay Basak

- Delivered an invited plenary talk on the Subtheme of Nutrition and Food Sciences in the "National Seminar on Present Day Biology: Impact of Research at Molecular and Cellular Level" at St.Xaviers College (Gujarat University), Ahmedabad (4<sup>th</sup> Jan.).

### New Year Celebrations on 1<sup>st</sup> January

- Dr. R. Hemalatha, Director addressed the staff, outlined significant achievements of the Institute in 2019 and cut the new year cake. She also inaugurated the new Green House in the Nutrition Garden on campus.



### PAPERS PUBLISHED / ACCEPTED FOR PUBLICATION

- SubbaRao M Gavaravarapu. Introduction and Way Forward Chapters in the PURPLE BOOK (People's User Friendly Resource for Practicing and Learning to Eat) for Diets in Disease Conditions published by Food Safety and Standards Authority of India (FSSAI). Released by Dr. Harshvardhan, Hon'ble Minister of Health and Family Welfare in New Delhi on 26<sup>th</sup> Dec 2019.
- Prasanthi Prabhakaran Sobhana, Jeyakumar Shanmugam Murugaiha, Panda Hrusikesh, Srinivas Epparapalli, Damayanti Korrapati, Development of Low Glycemic Index Rice and Its Effectiveness in the Regulation of Postprandial Glucose Response in Type 2 Diabetes, American Journal of Food and Nutrition, 2019, Vol. 7, No. 4, 158-165.